



This guide was developed to help you locate information regarding childcare, mental health services, medical/dental services, educational service, and much more in the Morongo Basin area!!

CHILDREN

INFANTS

TEENS

PARENTS

FAMILIES

FRIENDS



Business Name



Location



Phone Number



Summary of Service



Explore Parks

YUCCA VALLEY PARKS



YUCCA VALLEY PARKS HAVE PLENTY OF AMENITIES INCLUDING BASKETBALL/TENNIS COURTS, SOFTBALL/SOCCER FIELDS, BARBEQUES, DOG PARKS, HIKING TRAILS, MEETING FACILITIES, PLAYGROUND EQUIPMENT, COVERED PICNIC AREAS, SKATE PARKS, AND SO MUCH MORE!!

Machris Park
59100 Santa Barbara
Drive

Yucca City Park
57090 Twentynine
Palm Hwy

Desert Christ Park
56200 Sunnyslope
Drive

Essig Park
8490 Warren Vista
Ave

**Yucca Valley
Sportsplex**
56640 Little League
Drive

Brehm Park I/II
56525 Little League
Drive

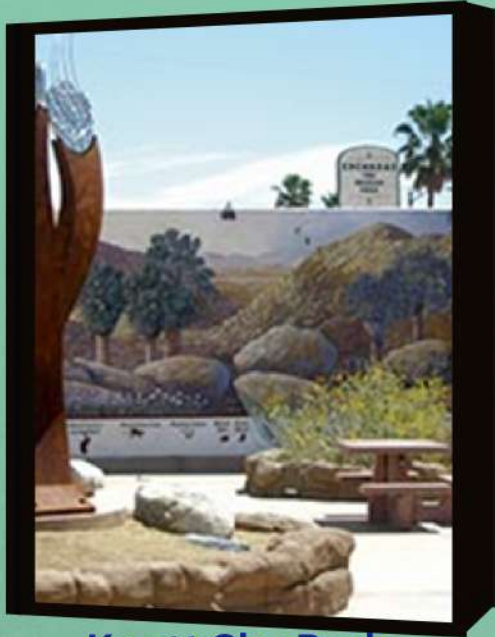
Jacobs Park
55680 Onaga
Trail

Paradise Park
58938 Barron
Drive



Twentynine Palms Parks

Bucklin Park
73484 29 Palms Hwy

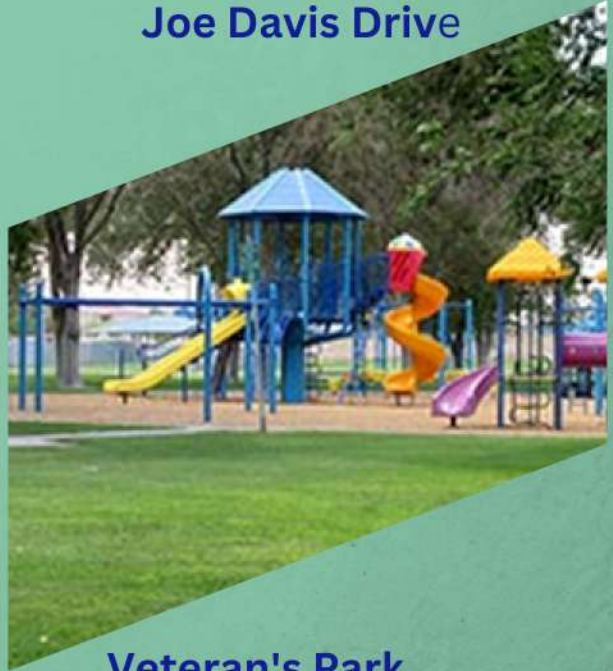


Knott Sky Park
6895 El Sol Ave
Dog Park Located at
6897 El Sol Ave



Historic Park Plaza
Adobe Road between Two
Mile Road & Homestead
Road

Luckie Park (Pool)
Corner of Utah Trail and
Joe Davis Drive



Veteran's Park
Adobe Road, adjacent to City Hall



IT ISN'T EASY BEING AN ATHLETE.

Youth Sports

MORONGO BASIN YOUTH TENNIS

760.275.4470

YOUTH SOCCER

<https://www.facebook.com/mbysa>

LITTLE LEAGUE/T-BALL

<https://www.trivalleylittleleague.com/>

YOUTH FOOTBALL & CHEER

lobosyuccavalley@gmail.com

YOUTH SWIM TEAM

mlkompier@gmail.com

YUCCA VALLEY BMX

yuccavalleybmx@yahoo.com

YOUTH GOLF

760.365.0033

YOUTH BASKETBALL

<https://www.yucca-valley.org>



DAYCARES

BADILLO FAMILY CHILD CARE
72183 SUNNYVALE DR, TWENTYNINE PALMS, CA 92277
(760) 902-6974

VALLEY COMMUNITY CHAPEL SCHOOL AND DAYCARE
59025 YUCCA TRAIL, YUCCA VALLEY, CA 92284
(760) 365-9049

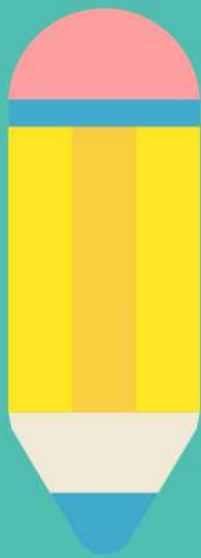
PRINGLE FAMILY DAYCARE
7273 RUBIDOUX AVE, YUCCA VALLEY, CA 92284
(760) 221-8531

NEVERLAND CHILDCARE CENTER
6334 ROTARY WAY, JOSHUA TREE, CA 92252
(760) 366-0030

AZY'S PLACE
58967 BUSINESS CENTER DR, STEG, YUCCA VALLEY, CA 92284
(760) 228-9068

SHARON'S PLAYHOUSE CHILD CARE
49550 PIONEER DR, MORONGO VALLEY, CA 92256
(760) 363-7456





**Yucca Valley
Headstart**
56389 Pima Trail
(760) 369-7424

**Our Lady Of
The Desert**
55765 Mountain View Trail
Yucca Valley
(760) 365-4676

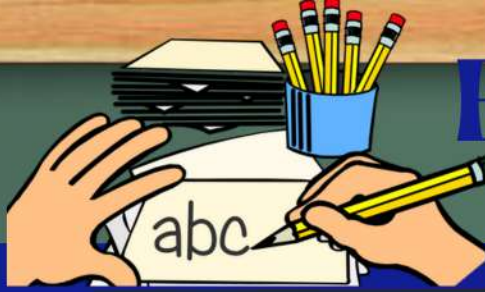
**Joshua Springs
Christian School**
57373 Joshua Lane
Yucca Valley
(760) 365-2599

**Knott Sky
Park Preschool**
6897 El Sol Ave
Twentynine Palms
(760) 367-5772

**Twentynine Palms
Head Start**
71409 29 Palms Hwy
(760) 367-5772

**Little School
of the Desert**
6085 Ocotillo Ave
Twentynine Palms
(760) 367-6616

**Joshua Tree
Preschool**
61800 El Reposo Circle
Joshua Tree
(760) 366-8415



Elementary Schools



Condor Elementary School

255 Condor Road, Twenty Nine Palms (760) 367-0750



Friendly Hills Elementary School

7252 Sunny Vista Road, Joshua Tree (760)-366-3812



Joshua Tree Elementary School

4950 Sunburst Ave, Joshua Tree (760)366-8459



Landers Elementary School

6450 Reche Road, Landers (760) 364-2382



Morongo Valley Elementary School

10951 Hess Boulevard , Morongo Valley (760) 363-6216



Oasis Elementary School

73175 El Paseo Drive, Twentynine Palms (760) 367-3595



Onaga Elementary School

58001 Onaga Trail, Yucca Valley (760) 369-6333



Palm Vista Elementary School

74350 Baseline Road, Twentynine Palms (760) 367-7538



Twentynine Palms Elementary School

74350 Playa Vista, Twentynine Palms (760) 367-3545



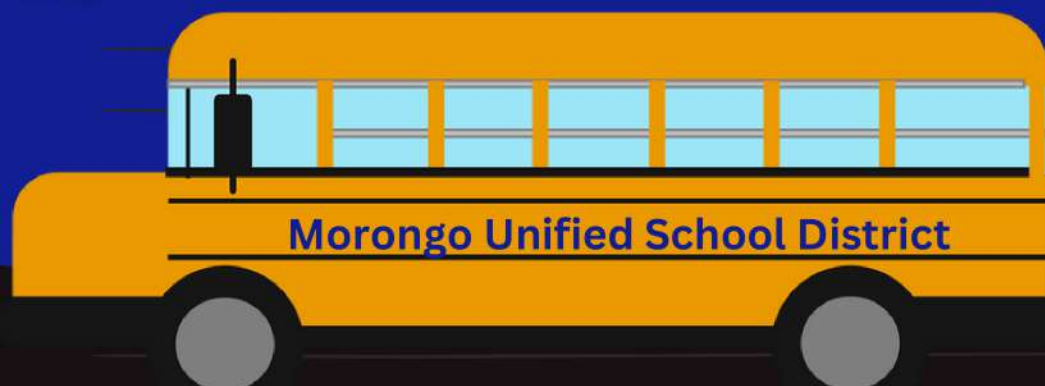
Yucca Mesa Elementary School

3380 Avalon Ave, Yucca Valley (760) 228-1777



Yucca Valley Elementary School

7601 Hopi Trail, Yucca Valley (760) 365-3381





JUNIOR HIGH & HIGH SCHOOLS

LaContenta Middle School

7050 La Contenta Road
Yucca Valley, CA 92284
Phone: (760) 228-1802
Grades 7-8

Twentynine Palms Junior High School

5798 Utah Trail
Twentynine Palms, CA 92277
Phone: (760) 367-9507
Grades 7-8

Black Rock High School

59273 Sunnyslope Drive
Yucca Valley, CA 92284
Phone: (760) 369-6310
Grades 9-12

Twentynine Palms High School

72750 Wildcat Way
Twentynine Palms, CA 92277
Phone: (760) 367-9591
Grades 9-12

Yucca Valley High School

7600 Sage Avenue
Yucca Valley, CA 92284
Phone: (760) 365-9591
Grades 9-12

Academy of College and Career Excellence

57725 Twentynine Palms Hwy
Yucca Valley, CA 92284
Phone: (760) 228-1162
Grades 9-12



Tips How to Help Kids Adapt to A New School

Give Youngsters Some Control Over The Situation

Set up A Routine

Don't Anticipate too Much

Begin Talking Early

Consult The School Staff

Remember The Last School



Foster Youth
College
Resources

College Success

Copper Mountain Community College

6162 Rotary Way

Joshua Tree

(760) 366-3791

NextUp

<https://nextup.cccco.edu/>

California State University (CSU)

Foster Youth Program

<https://www.calstate.edu/attend/student-services/foster-youth>

California Community Colleges Resources

<https://www.cccco.edu>

CalGrant/CA Dream Act

<https://www.csac.ca.gov/how-apply>

Chafee Education Training Voucher (ETV)

<https://cdss.ca.gov/inforesources/foster-care>

Pell Grant

<https://www2.ed.gov/programs/>

California College Promise Grant

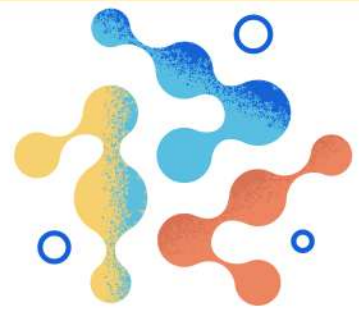
<https://home.cccapply.org>



Visit

<https://calkids.org/>
for more
information!!

Calkids Seed deposit for college



CalkIDS is a state program that gives children in California a jump start on saving for college. Newborns and eligible low-income public school students are automatically enrolled and given a CalkIDS college savings account with an initial deposit. Eligible participants are identified by data received from the California Department of Public Health and the California Department of Education. There is no need to apply and no requirement that families make any kind of financial commitment.

To be eligible for CalkIDS, participants must be:

Born in California on or after July 1, 2022; or

An eligible low-income public school student in grades 1-12* in California.

All participants receive a seed deposit in a CalkIDS account to help pay for future education after high school.

The program provides the following incentives:

Up to \$1,500 for 3.4 Million School-Age Children:

\$500 Automatic Deposit: Eligible low-income public school students in grades 1-12.

\$500 Additional Deposit: Eligible low-income public school students in grades 1-12 identified as foster youth.

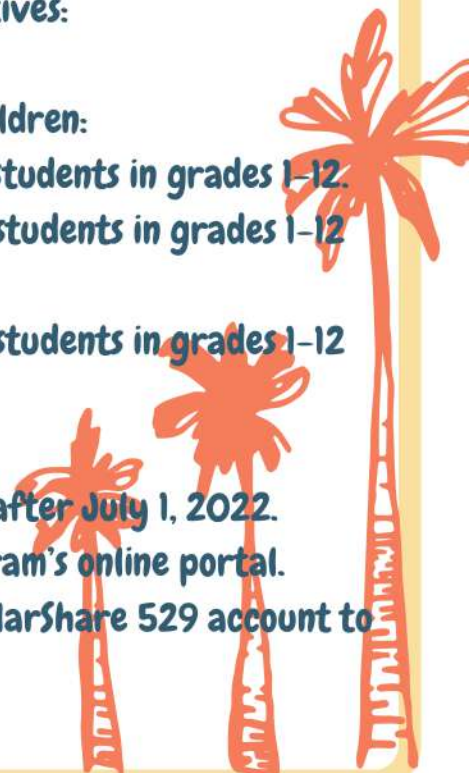
\$500 Additional Deposit: Eligible low-income public school students in grades 1-12 identified as homeless.

Up to \$100 for Newborn Children:

\$25 Automatic Deposit: Every eligible child born on or after July 1, 2022.

\$25 Additional Deposit: Those who register on the program's online portal.

\$50 Additional Deposit: Those who link a new or existing ScholarShare 529 account to the CalkIDS account.



PUBLIC LIBRARIES

Twentynine Palms

6078 Adobe Road

(760) 228-3244



Yucca Valley Branch

57271 29 Palms Highway

(760) 228-3244

Services include
lending books,
computers with
Internet access,
video/DVD rentals,
periodicals,
and a children's
area



TUTORING

Twentynine Palms Junior High School



 **Homework Help – Mr. Allen –
Tues/Wed/Thurs
Room 42**

**Math Tutoring
Mrs. Fisk – Wed/Thurs
Dr. Crow – Tuesday –
Room 25**

**Credit Recovery (APEX)
Mrs. Brewer – Tues/Wed
Room 9**

Twentynine Palms High School

MATH TUTORING: Mon & Wed 2:00 – 3:00 p.m. (Mrs. Adams)
[https://morongo-k12-ca-us.zoom.us/j/99304878481?](https://morongo-k12-ca-us.zoom.us/j/99304878481?pwd=SFZzZOVvTnFzODB6S3IGVzBOSklsZz09)
[pwd=SFZzZOVvTnFzODB6S3IGVzBOSklsZz09](https://morongo-k12-ca-us.zoom.us/j/99304878481?pwd=SFZzZOVvTnFzODB6S3IGVzBOSklsZz09)

ENGLISH TUTORING: Tues & Thur 2:00 – 3:00 p.m. (Mr. Parks)
<https://morongo-k12-ca-us.zoom.us/j/91042747971?>



Tutoring Continued

LaContenta Middle School



Subject	Wednesday	Thursday
Math	Ms. Espinoza Room 11	Ms. Lasso Room 13
Science	Ms. James Room 22	Ms. James Room 22
History	Mr. Hearron Room 50	Mr. Hearron Room 50
English	Mrs. Crow Room 71	None
English & Math (SPED)	None	Ms. Cikaukas Room 24
Math & History (SPED)	None	Ms. Hardy Room 75



Yucca Valley High School

Tuesdays through Thursdays

2:00 PM to 4:00 PM

Subject	Tuesday	Wednesday	Thursday
English		Ky Seacat (L10)	Christina Hinzman (M4)
Math	Virginia Kellison (G1) Daniel Medeiros (G7)	Virginia Kellison (G1) Amber Longueira (F6)	Virginia Kellison (G1)
History	Jason Bolt (L16) Devin Main (L11)	Jason Bolt (L16)	Jason Bolt (L16) Devin Main (L11)
Science	Kyle Andrew (S4)	Kyle Andrew (S4)	Kyle Andrew (S4) Cindy Zacks (T3)
Spanish	Lyam Morales (C5)	Lyam Morales (C5)	
General Tutoring	Nicole Parks (F1a) Lisa McCoy (F1a)	Nicole Parks (F1a) Lisa McCoy (F1a)	Nicole Parks (F1a) Lisa McCoy (F1a)
APEX	Elizabeth Drake (L5)	Elizabeth Drake (L5)	Elizabeth Drake (L5)

AFTER SCHOOL ACTIVITIES



Boys & Girls Club of the Hi-Desert

7293 DUMOSA AVE., SUITE 2
YUCCA VALLEY, CA 92284
PHONE: (760) 365-2233
WWW.YVKIDS.ORG

TENNIS COURTS AT JACOBS PARK

THE TENNIS COURTS ARE OPEN TO THE PUBLIC, GATES ARE LOCKED TO PROTECT THE COURT SURFACE PLAYERS MAY PURCHASE A KEY - \$5 FOR 1 YEAR ACCESS. PURCHASE AT THE COMMUNITY SERVICES OFFICE MON-THURS 9 A.M. TO 2 P.M. OR TOWN HALL MON-THURS 9 A.M. TO 5 P.M



EXPLORE INNOVATIVE PROGRAMS DESIGNED TO EMPOWER YOUTH TO EXCEL IN SCHOOL, BECOME GOOD CITIZENS AND LEAD HEALTHY, PRODUCTIVE LIVES. PROGRAMS INCLUDE HOMEWORK HELP AND VOLUNTEER SERVICES.

4H Club - Hi Desert Dust Devils

MEETINGS ARE THE FIRST TUESDAY OF EVERY MONTH AT 6:30PM
58319 UTE TRAIL, YUCCA VALLEY

CONTACT :

SHANNON PHILLIPS 209.985.6051
OR EMAIL AT
MPHILLIPSRENNE@SBCGLOBAL.NET

KELLY CARPENTER 760.855.0638
OR EMAIL AT
KELLYPASO@HOTMAIL.COM

PROJECTS AREAS: CATTLE, DOG,
EQUINE-HORSE & PONIES, RABBITS

[HTTPS://WWW.FACEBOOK.COM/GROUPS/HIDESE
RTDUSTDEVILS4HCLUB/](https://www.facebook.com/groups/hidese_rtdustdevils4hclub/)



AFTER SCHOOL ACTIVITIES CONTINUED

Community Theatre

THEATRE 29 IS AN ALL-VOLUNTEER, NON-PROFIT TAX-EXEMPT, 501(C)3 COMMUNITY THEATER ORGANIZATION, WHICH PRESENTS FAMILY-FRIENDLY COMMUNITY THEATER PRODUCTIONS ON STAGE YEAR-ROUND AT THEATRE 29, 73637 SULLIVAN ROAD IN THE CITY OF TWENTYNINE PALMS.

TICKETS ARE \$15.00 FOR REGULAR ADMISSION, \$12.50 FOR SENIORS AND MILITARY, AND \$10.00 FOR CHILDREN UNDER 12 AND STUDENTS WITH ID. TICKETS ARE AVAILABLE AT WWW.THEATRE29.ORG OR BY CALLING THE BOX OFFICE AT (760) 361-4151.

JUNIOR RANGER PROGRAM

EXPLORE, LEARN, PROTECT!" (JUNIOR RANGER MOTTO) LIKE MANY OTHER NATIONAL PARKS, JOSHUA TREE OFFERS YOUNG VISITORS THE OPPORTUNITY TO JOIN THE NATIONAL PARK SERVICE "FAMILY" AS JUNIOR RANGERS. INTERESTED YOUTH COMPLETE A SERIES OF ACTIVITIES DURING A PARK VISIT, SHARE THEIR ANSWERS WITH A PARK RANGER, AND RECEIVE AN OFFICIAL JUNIOR RANGER BADGE. JUNIOR RANGERS ARE TYPICALLY BETWEEN THE AGES OF 5 TO 13, ALTHOUGH PEOPLE OF ALL AGES CAN PARTICIPATE. KIDS VISITING JOSHUA TREE NATIONAL PARK MAY EARN A JUNIOR RANGER BADGE BY COMPLETING A NUMBER OF ACTIVITIES AS THEY EXPLORE THE PARK. THE JUNIOR RANGER BOOKLET IS AVAILABLE AT PARK ENTRANCE STATIONS AND VISITOR CENTERS. BOOKLET ACTIVITIES INCLUDE DRAWING, WRITING, ATTENDING A RANGER PROGRAM, AND PICKING UP TRASH IN THE PARK.

74485 NATIONAL PARK DRIVE, TWENTYNINE PALMS, CA 92277 (760) 367-5500

JOSHUA TREE ALSO PARTICIPATES IN NATIONAL JUNIOR RANGER PROGRAMS LIKE JUNIOR PALEONTOLOGIST, JUNIOR RANGER NIGHT EXPLORER, AND WILDERNESS EXPLORER

WWW.NPS.GOV/JOTR/LEARN/KIDSYOUTH/BEAJUNIORRANGER.HTM

YOUNG HISTORIAN PROGRAM

THE TWENTYNINE PALMS HISTORICAL SOCIETY HOSTS A PROGRAM TO ENCOURAGE YOUTH TO BECOME MORE FAMILIAR WITH THE HISTORY OF OUR AREA, WHICH HAS BEEN A CROSSROADS AND MELTING POT FOR MANY CULTURES THROUGHOUT TIME. EXHIBITS AT THE OLD SCHOOLHOUSE MUSEUM TOUCH ON THE HISTORY OF OUR LOCAL NATIVE AMERICANS, GOLD MINERS, CATTLEMEN, EARLY DESERT HOMESTEADERS AND PIONEER FAMILIES, AND THE MILITARY. IT IS A WONDERFUL LAUNCH POINT FOR YOUNG MINDS. THE PROGRAM CURRENTLY FOCUSES ON STUDENTS IN GRADES 3 THROUGH 6.

WWW.29PALMSHISTORICAL.COM



FAMILY FUN DAY

Yucca Valley Bowl
58146 Twentynine
Palms Highway
Yucca Valley



**Bowladium Family
Fun Center**
73768 Gorgonio Dr
Twentynine Palms



**Joshua Tree
National Park Visitor
& Cultural Center**

6533 Freedom Way
Twentynine Palms
www.nps.gov/jotr

**Old Schoolhouse
Museum**

6760 National Park Drive
Twentynine Palms
**Hi-Desert Nature
Museum**
57090 Twentynine Palms
Highway



Cinema 6
56401 Twentynine
Palms Highway
Yucca Valley



**Smith's Ranch
Drive-In**

4584 Adobe Rd Ste 13
Twentynine Palms



**Smith's Ranch
Drive-In**
4584 Adobe Rd Ste 13
Twentynine Palms



**29 Palms Creative
Center & Gallery**
6847 Adobe Road



WRAP SERVICES

VICTORVILLE
TEAM
TRAVELS TO
YUCCA VALLEY



VICTOR
COMMUNITY
SUPPORT
SERVICES
15095
ARMARGOSA RD.,
STE. 201, 205, 208,
VICTORVILLE, CA
(760) 245-4695

PACIFIC CLINICS,
572 & 596
N. ARROWHEAD AVE.
SAN BERNARDINO, CA
(909) 266-2700

LUTHERAN SOCIAL SERVICES
309 E. MOUNTAIN VIEW ST.
STE. 100 - 102 & 104
BARSTOW, CA
(760) 256-7279

MENTAL HEALTH
SYSTEMS
INC.
9570 N. CENTER AVE.
STE. 110
RANCHO CUCAMONGA
(909) 980-2789

High Desert Medical Center

**6601 White Feather Rd,
Joshua Tree, CA
(760) 366-3711**

SERVICES PROVIDED:

- ✓ 24 EMERGENCY ROOM
- ✓ DIAGNOSTIC IMAGING
- ✓ GASTROENTEROLOGY
- ✓ GENERAL SURGERY
- ✓ BLOOD TEST
- ✓ GYNECOLOGY
- ✓ HEALTHCARE SERVICES
- ✓ HOSPICE SERVICES
- ✓ WOMEN AND INFANTS
- ✓ ORTHOPEDICS
- ✓ BLOOD TEST AND LABS
- ✓ PHYSICALS/PHYSICAL THERAPY
- ✓ PULMONARY SERVICES

(888) 685-0088



59-bed acute primary care facility offering you and your family first-rate health care close to home by a dedicated team of quality, caring, health care professionals.



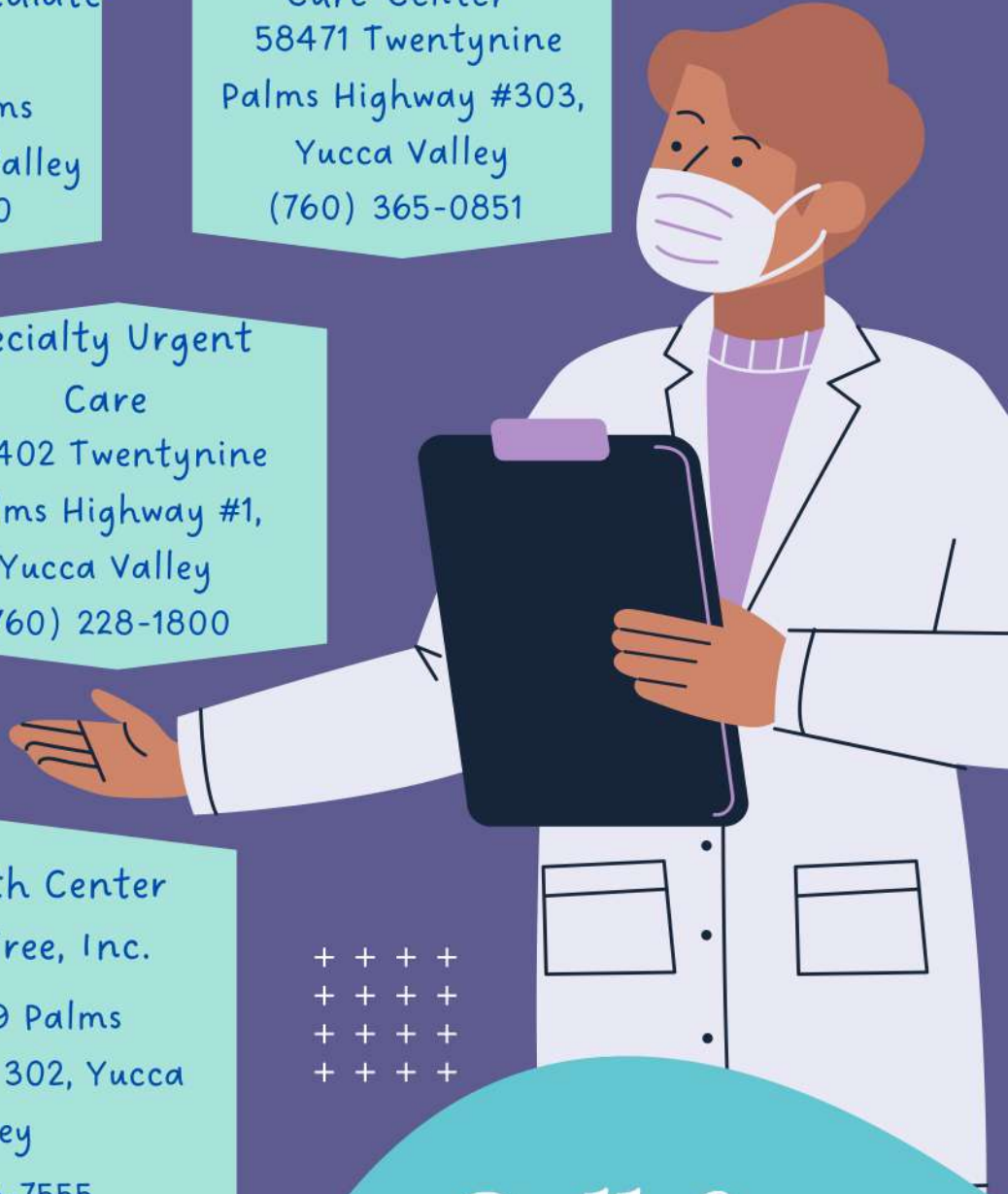
Urgent or Immediate Care

Desert Oasis
Healthcare Immediate
Care
57840 29 Palms
Highway, Yucca Valley
(760) 365-7520

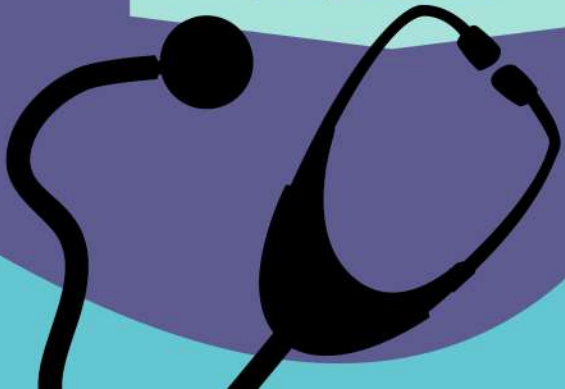
Avalon Urgent
Care Center
58471 Twentynine
Palms Highway #303,
Yucca Valley
(760) 365-0851

Specialty Urgent
Care
57402 Twentynine
Palms Highway #1,
Yucca Valley
(760) 228-1800

Family Health Center
of Joshua Tree, Inc.
57445 29 Palms
Highway Ste 302, Yucca
Valley
(760) 366-7555



Call for
hours!



MENTAL HEALTH SERVICES

**MORONGO
CRISIS WALK-IN
CENTER**
7293 DUMOSA AVE.,
SUITE 2
YUCCA VALLEY, CA
92284
(855) 365-6558
(760) 365-2233

**FAMILY
OUTREACH CENTER -
PACIFIC CLINICS**
58945 BUSINESS
CENTER DRIVE, SUITE
#D, YUCCA VALLEY,
CA 92284
(877) 722-2737

**HI-DESERT
BEHAVIORAL
HEALTH**
57407 TWENTYNINE
PALMS HIGHWAY SUITE
F, YUCCA VALLEY, CA
92284
(760) 366-1541

**DON'T KEEP IT
ALL IN YOUR
HEAD, TALK TO
SOMEONE.**

**AFFILIATED
PSYCHOLOGICAL
SERVICES**
7293 DUMOSA AVE
8, YUCCA VALLEY, CA
92284
(760) 369-7166

**BLUE SKY
THERAPY**
5735 ADOBE RD,
TWENTYNINE PALMS, CA
92277
(760) 972-6458

**DESERT
MOUNTAIN
CHILDREN'S
CENTER**
58967
BUS CENTER DR,
YUCCA VALLEY, CA 92284
(760) 369-3130



Family



DENTAL OFFICES

Hart Family Dental

56728 29 Palms Hwy,
Yucca Valley

(760) 365-6595

Joshua Lane Dental

7255 Joshua Ln Ste B,
Yucca Valley, CA

(760) 365-8331

29 Palms Dental

73666 Joshua Dr,
Twentynine Palms, CA

(760) 865-0544

Sungchun S. Wee, DDS

71757 29 Palms
Highway Suite C,
Twentynine Palms, CA

(760) 367-1100

Yucca Valley Dental Group

58457 29 Palms Hwy Ste
101 Yucca Valley, CA

(760) 365-3338

The Pediatric Dentists

7144 Airway Ave,
Yucca Valley

(760) 365-4400

Schantz And Moranda Orthodontics

57045 Yucca Trl,
Yucca Valley

(760) 568-5987

Wellness Dental Care

72724 29 Palms
Highway # 102,
Twentynine Palms, CA

(760) 367-7645



Health and Human Resources



One Stop Tay Center (TAY) Transitional Age Youth

58471 29 Palms Hwy
Suite 102
Yucca Valley
(760) 853-4888

The TAY Center is a warm, welcoming, and safe place where TAY can seek counseling and can access an array of supportive mental health, substance abuse, employment and educational service

COVID
Hotline
(909) 387-3911

Morongo Basin Crisis Walk-In Center

7293 Dumosa Ave Suite
2 Yucca Valley
(760) 365-2233

The Crisis Walk-in Center provides crisis stabilization services 24/7 to individuals in the Morongo Basin and surrounding areas.

Hi-Desert Medical
Center (760) 366-3711

Morongo Basin Healthcare
District (760)
820-9229

Morongo Basin Behavioral
Health (760)
366-1541

American Cancer Society (760)
568-2691

Dept of Social Services (800)
247-5816

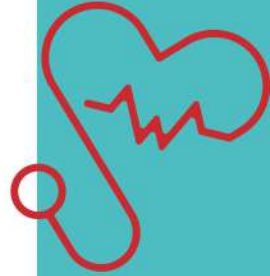
Sexual Assault Services (760)
369-3353

American Red Cross
(888) 831-0031

Child Protective Services
(800) 827-8724

Unity Home (Domestic
Violence) (760)
366-9663

PHYSICIANS



Dr. Bernard N. Cohen, MD
55585 29 Palms
Highway, Yucca Valley
(760) 228-3366

Morongo Basin Health
6530 La Contenta Rd
Suite 200, Yucca Valley
(760) 820-9229

Dr. Daniel Frascetti
57445 29 Palms
Highway, Yucca Valley
(760) 369-9220

Dr. Thomas & Assoc.
55585 29 Palms
Highway, Yucca Valley
(760) 228-3366)

Hi-Desert Medical Clinic
7350 Church St
Yucca Valley
(760) 369-3069

Yu Marilyn MD
57725 29 Palms
Highway, Yucca Valley
(760) 228-1929

Sobero Pablo MD
57675 29 Palms HWY
#111, Yucca Valley
(760) 365-8500

David M. Viayra
1145 Sturgis Road,
Twentynine Palms
(619) 632-2132

Dr. Robert S. Evans, MD
6186 Adobe Rd,
Twentynine Palms
(760) 361-8525

MBHD Pediatric Services
6380 Split Rock Ave,
Twentynine Palms
760-365-9305

Dr. Andre M. Kasko, DO
63532 29 Palms
Highway, Yucca Valley
(760) 365-2800

Patrick Sweet III, MD
57407 29 Palms
Highway, Yucca Valley
(760) 228-1813

Call to confirm insurance information





Optometrists



CLARION

OPTOMETRY

56970 YUCCA TRAIL # 101,
YUCCA VALLEY

(760) 228-2020

ACUITY EYE

GROUP

58471 29 PALMS HIGHWAY
SUITE 203, YUCCA VALLEY

(760) 853-3005

EAGLE

OPTOMETRY

57990 29 PALMS HIGHWAY
YUCCA VALLEY

(760) 365-68685

WALMART VISION

& GLASSES

58501 29 PALMS HIGHWAY
YUCCA VALLEY

(760) 853-30155

AMERICAN

OPTOMETRIC ASSOCIATION

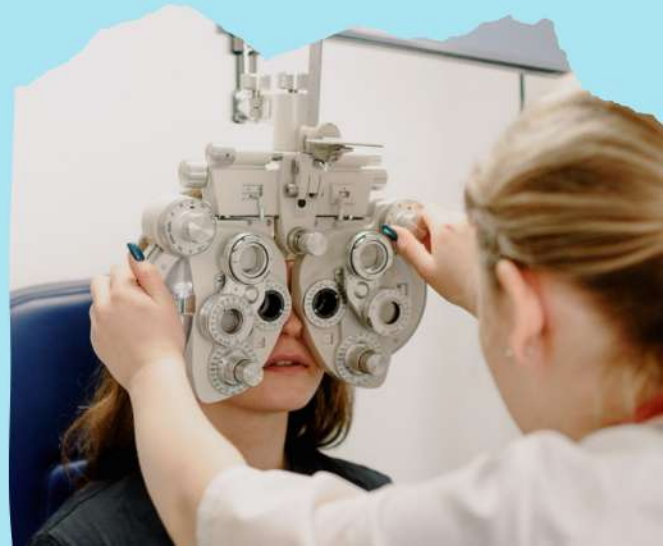
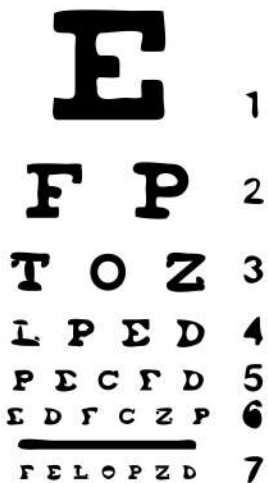
56970 YUCCA TRAIL
YUCCA VALLEY

(760) 228-2020

DR. FRED SCHMIDT

6175 ADOBE RD
TWENTYNINE PALMS

(760) 367-2020





WALGREENS PHARMACY
58133 TWENTYNINE PALMS HIGHWAY

YUCCA VALLEY
(760) 369-4615

RITE AID PHARMACY
57701 TWENTYNINE PALMS
HIGHWAY, YUCCA VALLEY

(760) 365-2618

RITE AID PHARMACY
72253 TWENTYNINE PALMS
HIGHWAY, TWENTYNINE PALMS

(760) 367-3262

NEW PHARMACY
57725 TWENTYNINE PALMS HIGHWAY
#209, YUCCA VALLEY

(760) 228-1600

NEW PHARMACY 2
72724 TWENTYNINE PALMS HIGHWAY
#104, TWENTYNINE PALMS

(760) 367-2000

WALMART PHARMACY
58501 TWENTYNINE PALMS HIGHWAY
YUCCA VALLEY

(760) 365-7551

AVALON PHARMACY
58471 TWENTYNINE PALMS
HIGHWAY #301, YUCCA VALLEY

(760) 365-7621

VONS PHARMACY
57590 TWENTYNINE PALMS
HIGHWAY, YUCCA VALLEY

(760) 365-0651



ICWA is a statute passed by Congress to address the agency policies and practices that resulted in the wholesale separation of Indian children from their families.

For questions regarding implementation of this regulation, please contact Debra Burton, Indian Child Welfare Specialist, Office of Indian Services, Bureau of Indian Affairs, Debra.burton@bia.gov, (202) 513-7610.

State and private agencies were removing as many as 25 - 35% of Indian children from their families and placing many of these children in non-Indian foster and adoptive homes. Congress determined that cultural ignorance and biases within the child welfare system were significant causes of this problem.



Congress recognized that it is in the best interest of the child to maintain Tribal connections and that children are vital to Tribes' continued existence, and enacted ICWA to "protect the best interests of Indian children and to promote the stability and security of Indian Tribes and families."

ICWA governs State child-custody proceedings in multiple ways, including: (1) by recognizing Tribal jurisdiction over decisions for their Indian children; (2) by establishing minimum Federal standards for the removal of Indian children from their families; (3) by establishing preferences for placement of Indian children with extended family or other Tribal families; and (4) by instituting protections to ensure that birth parents' voluntary relinquishments of their children are truly voluntary.



The Indian Child Welfare Act (ICWA)

FAMILY URGENT RESPONSE SYSTEM

CALIFORNIA FAMILY URGENT RESPONSE SYSTEM (CAL-FURS)

TELEPHONE NUMBER: 833-939-3877

WEBSITE: [CAL-FURS.ORG](https://www.cal-furs.org)

EMAIL ADDRESS: [INFO@CAL-FURS.ORG](mailto:info@cal-furs.org)

24/7 PHONE AND IN-PERSON SUPPORT FOR ISSUES BIG AND SMALL



FURS is a coordinated statewide, regional, and county-level system designed to provide collaborative and timely state-level phone-based response and county-level in-home, in-person mobile response during situations of instability, to preserve the relationship of the caregiver and the child or youth.

How FURS Helps and Why It's Important:

1. It provides current and former foster youth and their caregivers with immediate, trauma-informed support when they need it.
2. Prevents placement moves.
3. Preserves the relationship between the child or youth and their caregiver.
4. Provides a trauma-informed alternative for families who previously resorted to calling 911 or law enforcement.
5. Reduces hospitalizations, law enforcement contacts, and placement in out-of-home facilities.
6. Promotes healing as a family.
7. Improves retention of current foster caregivers.
8. Promotes stability for youth in foster care, including youth in extended foster care.

FURS Services Include:

- A toll-free hotline available 24 hours a day, 7 days a week staffed with caring counselors trained in conflict resolution and de-escalation techniques for children and youth impacted by trauma.
- County Mobile Response and Stabilization Teams also available 24 hours a day, 7 days a week.
- In-home de-escalation, stabilization, conflict resolution, and support services and resources.
- Ongoing support services beyond the initial mobile response.

Parenting Resources



First 5 California

What you need to know to help your child grow up healthy and thrive

<https://parentguide.first5california.com/en-US/>

Triple P

The Triple P – Positive Parenting Program is one of the most effective evidence-based parenting programs in the world, backed up by more than 35 years of ongoing research. Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children’s behavior and prevent problems developing.

<https://www.triplep.net/glo-en/home/>

Child Welfare

Parenting Resources to Promote Family Well-Being
Find parenting tips, resources, and locate help in your community.

- General resources and tips for parents
- Parenting infants and young children
- Understanding developmental stages
- Child safety
- For relative/kinship caregivers
- Financial self-sufficiency
- Family nutrition
- Finding help
- Supporting pregnant and parenting teens



<https://www.childwelfare.gov/topics/preventing/promoting/parenting/general/>

Zero to Three

Our approach to supporting parents is based on the belief that parents are the true experts on their children, and that there is no “one-size-fits-all” approach to raising children. The information and tools we offer are designed to support parents in developing their own ways to promote their children’s growth and development./

<https://www.zerotothree.org/parenting>



.....Parenting Resources

PBS For Parents

Help Your Child Learn & Grow

Get age-by-age tips and activities, find ways to play, and explore family activities.

<https://www.pbs.org/parents>



APA- American Psychological Association

Parenting is hard work. Even with the best resources available, meeting the needs of family members in today's fast-paced society is difficult. The daily stress of making ends meet can take a toll on all family members, including children. The APA Public Interest Directorate Socioeconomic Status Office has created this tip tool for parents who want to build their children's resilience.

<https://www.apa.org/topics/parenting/resilience-tip-tool>

Info About Kids

nfoaboutkids.org is an ongoing collaboration of the Consortium for Science-Based Information on Children, Youth and Families. Our goal is to promote healthy child and family development by highlighting science-based information for those who care for, or work with, children. Our site, updated annually, links to other well-established, trustworthy websites for parents, other caregivers, and professionals.

<https://infoaboutkids.org>

AHA Parenting

Positive parenting a teenager? A terrific teen who's responsible, considerate, shows good judgment, at least most of the time? Yes, it is possible! Here's your game plan, with 12 essential Tips.

<https://www.ahaparenting.com/read/parenting-teens>

S.T.E.P.

Early Childhood STEP gives you the information and practical skills you need to help your children from the start. Helpful techniques to improve family communication.

Effective discipline strategies to promote both self-esteem and mutual respect...and more!

Systematic Training for Effective Parenting. Ages 0-6 (7 Weeks) or Ages 6-12 (7 Weeks)

Create more satisfying, productive relationships with your children.



Office: 760-256-3733 / <https://www.desert-sanctuary.org/programs>



Mon - Thurs 8am-5pm
Fri 7:30am to 4pm



(909) 558-6715



Medi-Cal, IEHP & some
managed care plans
accepted



Follow Mack on Instagram:
@mackthecadog



LOMA LINDA
UNIVERSITY
HEALTH



RICA

11374 Mountain View Ave
Dover Building, Suite A
Loma Linda, CA 92354

- Specialized healthcare for children who have experienced adversity, including those in foster care
- Medical care/nutritional assessments
- Vaccinations and preventive health services
- Dental/vision/hearing screenings
- Behavioral Health services for children and adolescents
- Caregiver education and support provided

WHAT MAKES US DIFFERENT?

- Our providers have a unique understanding of trauma and its effects.
- Using a holistic approach, we take time to develop relationships, offer support and help build resilience.
- We provide educational advocacy, mentorship and scholarship programs.
- Our fun, welcoming and friendly environment appeals to all ages.



Important Numbers

**Town Hall (760)
369-7207**

Community Development (760) 369-6575

**Community Services/Recreation (760)
369-7211**

Museum (760) 369-7212

Public Works (760) 369-6579

Library (760) 228-5455

Welcome Center (760) 365-546

Sheriff's Department Emergency 911

**Sheriff's Department (Non-Emergency)
(760) 366-4175**

**CA Highway Patrol (Non-Emergency) (760)
366-3707**

**Ambulance (Non-Emergency) (760) 366-
8574**

**Forestry & Fire Protection (760)
365-4411**

**Fire Department (Non-Emergency) (760)
228-6380**

WEBSITE RESOURCES FOR FOSTER PARENTS

Together, anything is possible!



THE NATIONAL VOICE OF FOSTER PARENTS:

<https://nfpaonline.org/?fbclid=IwAR3rcZ5h8Uj6scG7cz5DWfLRVov1nE9pbuznNH2iOIKX9E16408njJ5YIk>

FOSTER CARE, FAITH, AND FAMILY

<https://droppinganchorsblog.com/2017/04/03/mee-t-the-mama-kelli/>

FOSTER 2 FOREVER

<https://foster2forever.com/>

NATIONAL FOSTER PARENT ASSOCIATION

<https://nfpaonline.org>

CONSCIOUS DISCIPLINE

<https://consciousdiscipline.com/free-resources/discipline-tips/>

CENTER FOR PARENT INFORMATION & RESOURCES

<https://www.parentcenterhub.org/fosteradoptive/>

THE FORGOTTEN INITIATIVE

<http://www.theforgotteninitiative.org/blog/>

SCCOP: A BLOG BY THE NATIONAL FOSTER CARE ASSOCIATION

<https://blog.nfpaonline.org/>

ADOPT US KIDS

<https://www.adoptuskids.org/adoption-and-foster-care/parenting-support/for-foster-parents>



10 TIPS FOR BABY-PROOFING YOUR HOME



**Use indoor
safety gates**



**Lock your
cabinets**



**Put breakables
out of reach
Read labels**

**Make hazardous
rooms off limits**

Tie up cords

Cover outlets



Mind your dogs



**Never leave
your baby
unattended**

**Secure your
furniture**



DEVELOPMENTAL MILESTONES ACTIVITIES



0-3 MOS.

TUMMY TIME-

During tummy time, babies get the benefit of important sensory input along with movement experiences that lead to strengthening, hand eye coordination, and more!

MUSIC/SINGING-

Speaking of songs, singing to babies and playing music is great not only for calming and comforting, but also to help a baby discriminate between auditory input (e.g. telling the difference between mom's familiar voice and someone singing on the radio). Music can also be a great distraction during tummy time or to begin to encourage a baby to turn his head from one side to the other.

SIMPLE TOYS-

Simple rattles, easy-to-grasp balls, and soft books are great for getting a baby's visual attention and, as time goes on, her gaze will follow her grasp and she'll want to look at what she's holding – the beginning of eye hand coordination.

FLOOR TIME OUTSIDE OF A CARRIER, STROLLER, OR SWING-

One of the absolute most important developmental experiences we can offer to babies at this age is plenty of time on the floor – on their tummies, on their backs, on their sides. It seems like such a simple thing, but babies get so much of the movement and sensory input they need when they're allowed the time and opportunity to explore how their bodies work outside of a carrier, stroller, or swing!

ROCKING AND SWAYING-

This is an activity that most caregivers of infants do instinctively, but – as with carrying and wearing a baby – rocking and swaying with an infant has more benefits than meets the eye! Rocking in a rocking chair or holding your infant while bouncing gently on an exercise ball is another great way to provide calming vestibular input for little ones, input that helps them learn about where their body is in space. Pair rocking and swaying with a song, and you'll add the benefit of auditory input as well.





DEVELOPMENTAL MILESTONES ACTIVITIES



3-6 MOS.

As babies become more alert and engaged, there are all kinds of new movement and play activities to try! At this stage, babies become a little more sturdy too, so you can begin to play in ways that will encourage rolling and head control.

SONGS AND FINGER PLAYS:

Old favorites like The Itsy Bitsy Spider, 5 Little Monkeys, and The Wheels on the Bus are great ways to get a baby's visual attention during tummy time and play on the floor.

ROCKING AND ROLLING:

During diaper changes and playtime on the floor, gently rocking your baby from side to side from her shoulders and then from her legs is a great way to help her learn how to feel and use the different segments of her body to move and start to roll. Once your baby is comfortable with this kind of movement and is beginning to initiate some of the movement on her own, you can also assist her in rolling from her back to her tummy (helping her support her head and neck if needed).

BOOKS:

Books are another good way to support interaction and visual engagement during tummy time, while baby is lying on his back, or just while you're holding your little one in your lap.

UPRIGHT PLAY/SUPPORTED SITTING:

It's important to be patient and wait for your baby to show signs of readiness before trying to sit her up on her own. Play on the floor in tummy time and on her back are the best ways to get there. But it's also great to provide infants with the experience of being upright, whether it's bouncing on your knees, in a wrap or other carrier, or just holding and carrying her in an upright position.





DEVELOPMENTAL MILESTONES ACTIVITIES

6-12 MOS.

To encourage babies to learn how to start sitting up on their own, there are lots of fun and easy play ideas you can try.

PRE-CRAWLING PRACTICE:

When your baby is just showing signs of learning to crawl, sit on the floor with your legs outstretched. Place a toy on or between your feet and place your baby on her tummy on your legs facing the toy. Gently move your legs, rocking baby from side to side or bouncing both legs together. With her arms and legs draped over your legs toward the floor, she'll begin to get a sense of play in an all fours position without having to take all of her weight by herself.

BEAN BAG BALANCE:

This is a favorite of infants, toddlers, and even older kids too! In sitting, place a bean bag on the child's head and show her how to lean her head forward to dump it off into her hands, lap, or a plastic container.



PUSH TOYS:

Push toys are great for practicing balance and the ability to alternate feet for stepping forward. You can also weigh down a laundry basket with a stack of books and let baby push it around the floor!

PUZZLES:

Around their first birthday, your baby will be ready for large wooden puzzles, Dr. Myers says. The doctor suggests choosing ones with colorful shapes or pictures. "Show and tell them first how it works—you may have to guide their hands," he says. "Clap and cheer when they are successful." For younger babies, you can use blocks made out of softer materials.





DEVELOPMENTAL MILESTONES ACTIVITIES

1-3 YRS

READ 20 MINUTES TO YOUR CHILD EACH DAY:

Read to your child! He is soaking up so much information at this age. If possible, aim for at least twenty minutes of reading per day. While looking at a book, ask him questions such as: "Where is the teddy bear?"

LISTEN TO MUSIC WITH YOUR CHILD:

Sing songs with your child and listen to music in the house and in the car, and choose music that you won't mind listening to again and again (and again). He'll start to sing along, and you may even recognize what he's singing from time to time!

TEACH YOUR CHILD ABOUT SHAPES AND NUMBERS:

Talk about shapes, colors, and numbers all day long. "That's a round, red ball." "We have only one banana left." Let's find your green T-shirt."

TEACH YOUR CHILD ABOUT THEIR BODY PARTS:

Teach your toddler the names of his body parts and then ask him to point to his nose, eyes, ears, etc. Ask him to point to your nose, eyes, and ears.

USE INSTRUCTIONS WHEN PLAYING WITH YOUR CHILD:

Play games with instructions. Your child is increasingly able to follow simple directions and will be so proud of himself when he can do what you ask. This might include closing the door or bringing you the purple ball.

BALL SKILLS:

Start to encourage your toddler to kick a ball on the ground, throw a ball forward toward you, and corral a ball from a short distance.

STOOP AND RECOVER:

When playing with toys at home, scatter some throughout the room and ask your child to pick them up and place them in a box or pile. Encourage them to squat down to get the object and return to a standing position without losing their balance or sitting down





DEVELOPMENTAL MILESTONES ACTIVITIES



3-5 YRS

THROWING GAMES:

Another great way to help little ones gain control of their motor skills is to play throwing games. Hopscotch is a perfect option because kids must toss a rock or a bean bag onto a particular square. This tests their aim and is a fun game to play together!

DO A SCAVENGER HUNT:

Another basic ability that preschoolers should understand is to identify the colors of the rainbow. Instead of simply pointing to things and asking your children what color they are, have a scavenger hunt! Send your kiddos into the yard to find something from every shade of the rainbow. Soon they'll come back with a purple ball, red bike, yellow leaf and more. It's a fun way to get kids into their environment while thinking about color identification.

Little ones should know a few key pieces of personal information when heading into preschool. Parents can help their kids learn full names, addresses, parents' names and phone numbers by playing games. Cut out cards with the letters of your kids' names and then have them rearrange the cards until they make the correct name. You can even sing a song that lists all this info in one place - the melody can help them remember.

BALL SKILLS:

Start to encourage your toddler to kick a ball on the ground, throw a ball forward toward you, and corral a ball from a short distance.

ARTS AND CRAFTS:

School-age children might use colours, textures and shapes to communicate feelings, ideas and messages. For example, they might use lots of bright colors to show happiness. They might also use symbols and words to show the difference between things or add meaning to drawings. You might notice that your child has a better understanding of color, shapes, patterns and details. For example, your child might be drawing people with five fingers and toes. Where your child used to draw scribbles and squiggles for trees and flowers, now you can see leaves, branches, trunks and petals.

Age Appropriate Chores for 6-8 Year Olds

- SWEEP THE FLOORS
- EMPTY THE DISHWASHER
- WATER THE PLANTS
- FEED PETS
- DUST
- PICK UP TOYS
- COLLECT LAUNDRY
- HELP PUT GROCERIES AWAY
- HELP GATHER TRASH

Age Appropriate Chores for 9-11 Year Olds

- WALK THE DOGS
- CLEAN MIRRORS
- SWEEP THE FLOORS
- BRING THE MAIL INSIDE
- WIPE DOWN KITCHEN COUNTERS
- VACUUM
- CLEAN THE TOILETS
- TAKE OUT THE TRASH
- WASH YOUR OWN LAUNDRY

Age Appropriate Chores for 12-17 Year Olds

- CLEAN THE INSIDE OF THE CAR
- MOW THE LAWN
- HELP WITH SIBLINGS
- MOP THE FLOORS
- CLEAN WINDOWS
- ASSIST WITH MEAL PREP
- HELP WITH GROCERY SHOPPING
- WIPE DOWN KITCHEN COUNTERS
- VACUUM
- CLEAN THE TOILETS
- TAKE OUT THE TRASH
- WASH YOUR OWN LAUNDRY



WORKSHEETS

The last pages are helpful worksheets helping children learn about feelings, numbers, letters, shapes, colors, and more!

I'm Sorry, I upset you!

Thanks for apologizing!



Have a problem, talk it out!

Set a fun realistic study plan and execute it consistently.



Need Direction...Talk to your Assigned Agency Social Worker for help!



Maximize resources that already exist on the internet. Don't reinvent the wheel.



01

Turn off the lights when not in use



02

Use degradable bags



03

Be nice to the worms, they are the soil heroes



04

Recycle your old home stuff



05

Use reusable water bottles

SAVE THE PLANET, SAVE OUR LIFE

10
Steps

To help our environment through simple things we do every day



06

Avoid using toxic chemicals



07

Bring your food pack



08

Share your old books with others to reduce the use of paper



09

Use both sides of the paper



10

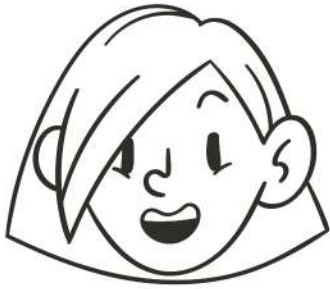
Stop using plastic bags

NAME:

DATE:

Mood Match

Can you tell the color of the feelings below?
Color the word box of each picture based on
the mood thermometer.



happy



sad



hurt



shy



loved



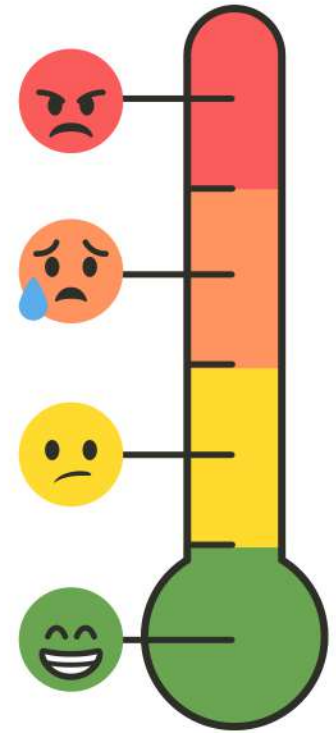
tired



silly



scared



TODAY I FEEL

Use these emotion words to describe how you feel today.



happy



excited



scared



sad



disgusted



upset



sleepy



annoyed



proud



worried



silly



exhausted

Name: _____

Date: _____



How do you see yourself?

OBSERVE

Using a mirror, look closely at all the shapes, colors, and other features on your face.

DRAW & PAINT

With the mirror as your guide, draw and color your portrait on a piece of paper.

FEEDBACK

Ask your classmates for feedback about your portrait.

COLOR

RACE

BEAUTY

Now think of three (3) questions related to the words above and how you saw your self in the mirror. Write them below.

Name _____

Date _____

Teacher _____

Ultimate Coping Playlist

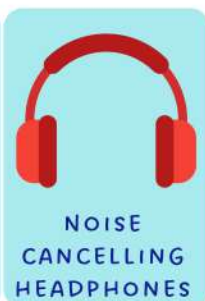
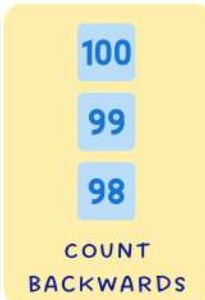
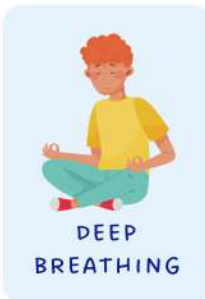


Make the perfect coping playlist for you by giving this challenge a try

Entertainment	A song that stays stuck in your head when you hear it.	A song you know all the words to.	Your favorite song from a movie.
Revival	A song that represents freedom	A song that you'd listen to fall asleep.	A song that makes you feel pumped up.
Strong Sensation	A song that reminds you of a good memory.	A song that reminds you of someone you care about	A song that reminds you of someone who cares about you
Diversion	A song that makes you feel safe.	A song you find inspirational.	Your go to positivity song.
Discharge	A song that matches your vibe you get when you feel anxious or worried.	A song that matches your vibe when you feel annoyed or angry.	A song that matches your vibe when you feel sad or afraid.

Things I can do when I need to

CALM DOWN



GAMES TO IMPROVE EXECUTIVE FUNCTIONING

Executive functioning relates to key skills we learn from infancy through to our mid-20s relating to working memory, flexible thinking and self-control.

We aren't born with these skills, but develop them as we grow. The following activities can help foster these skills in children aged 5 to 7 year olds.

STRATEGY
BOARD
GAMES



PHYSICAL
ATTENTION
GAMES



ORGANISED
SPORT



CLAPPING
RHYTHMS



COPY
GAMES



REPETITIVE
SONGS



FAST BALL
GAMES



MEMORY
CARD
GAMES



SINGING
IN ROUNDS



SPEED
CARD
GAMES



MAZES



I SPY
GAMES



PUZZLES



BRAIN
TEASERS



GUESSING
GAMES



MATCHING
CARD
GAMES



Name _____ Date _____

RISING ABOVE FAILURES

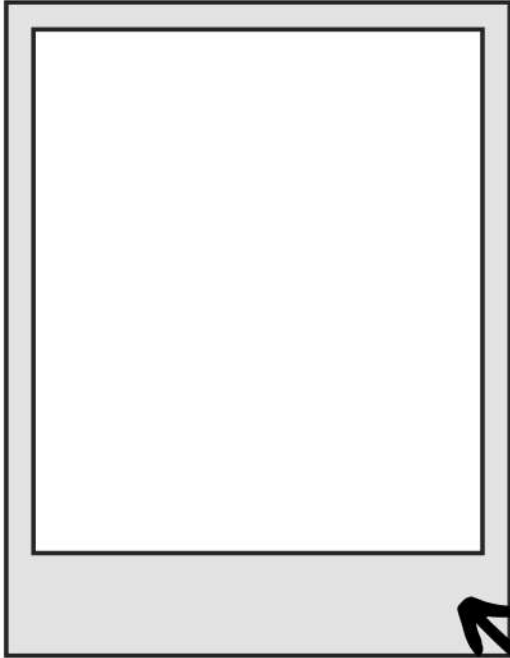
In general, experiencing failure means something goes wrong or does not go according to plan. Think back to a time when you failed at something that was important to you. What words come to mind as you think about this situation?

What feelings come to mind as you recall this situation?

How did you recover and rise above your failure?



ALL ABOUT ME



My name is _____

I am _____ years old.

I am from _____

I am in Grade: _____

My birthday is: _____

My Self Portrait!

My top 5 favorite activities are:

1. _____

2. _____

3. _____

4. _____

5. _____

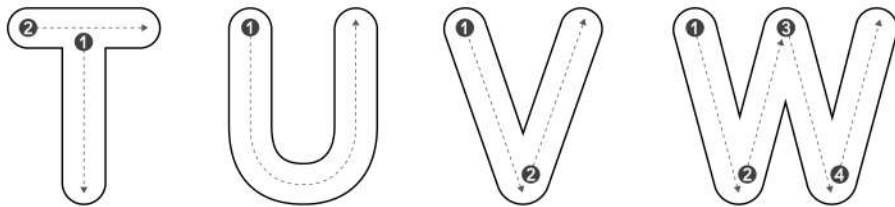
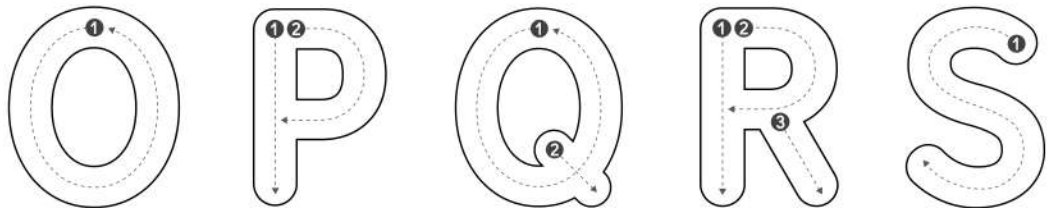
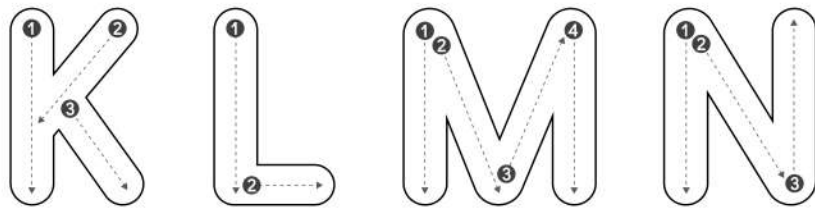
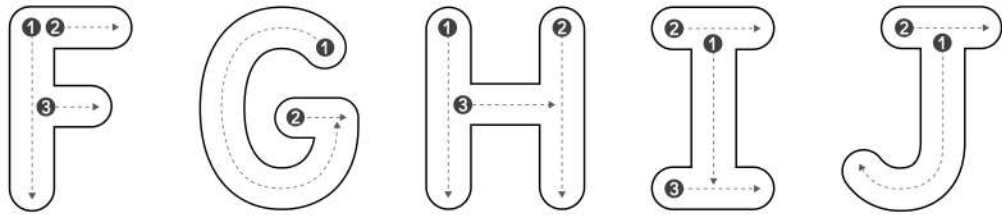
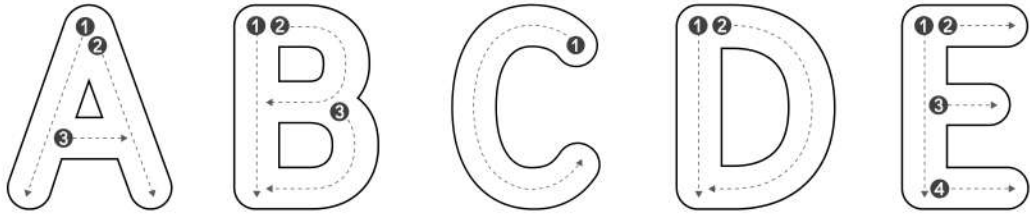
My favorite food is:

My favorite subject is:

My wish for this year is: _____

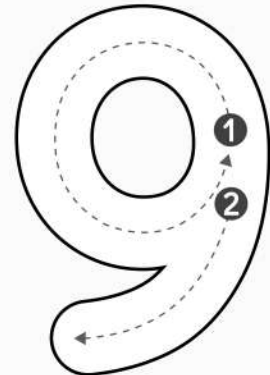
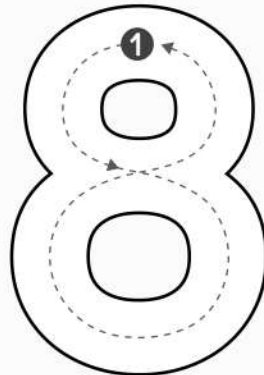
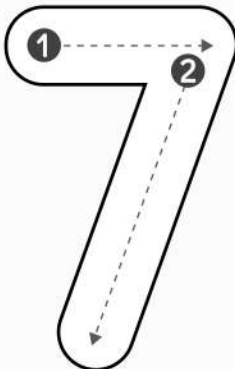
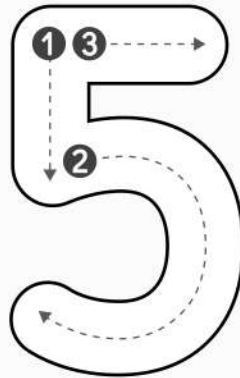
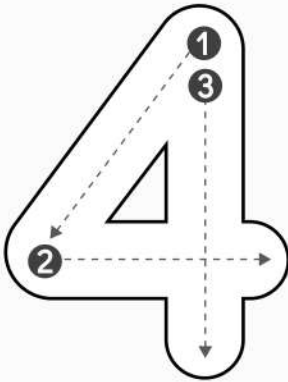
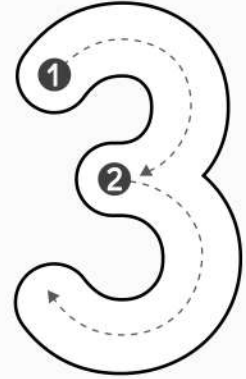
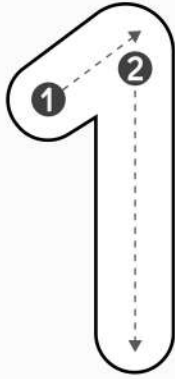
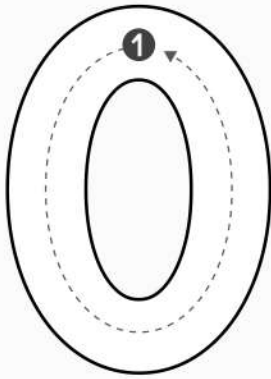
Letter Tracing

Trace the uppercase letters



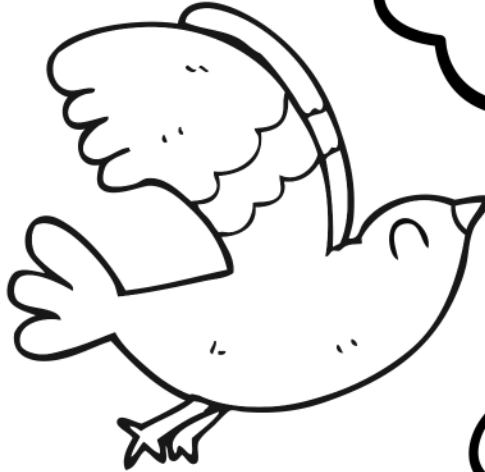
Butterfly Numbers

Practice your number writing skills by following the dotted lines to the butterfly waiting at the finish line!



Name: _____

Directions: Color the clouds.





What is the Weather Today?



Draw a line to connect the kind of weather to its picture.

sunny



cloudy



rainy



windy



snowy



stormy



Shapes



Trace each shape name, then write it yourself in the line beside.

Trace

Write



circle



square



rectangle



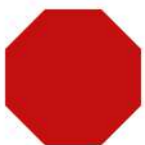
triangle



pentagon

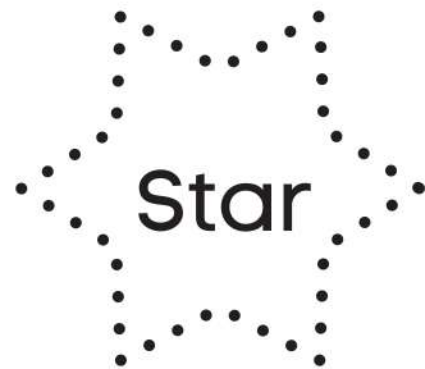
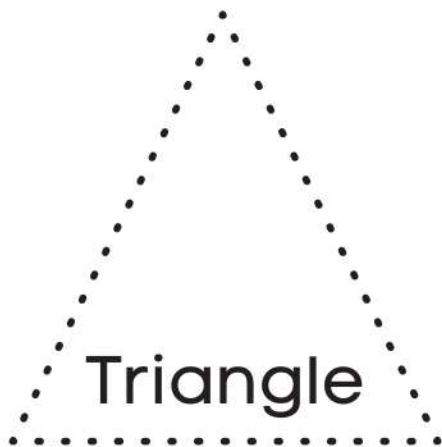
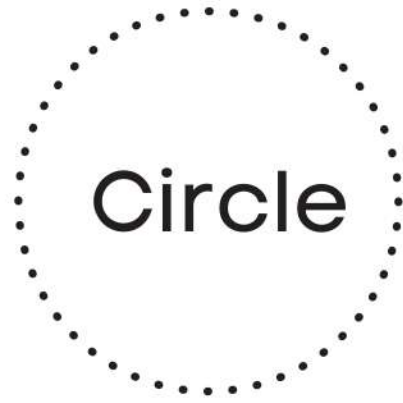


hexagon



octagon

Tracing Shapes



Name _____

BE A BUCKET FILLER

Be a bucket filler. Cut out the good behavior choices and put them on the green bucket. Cut out the bad behavior choices and put them on the red bucket. Draw a red X on each bad behavior choice.



I WILL BE GOOD CHART

I will be good by:

S

M

T

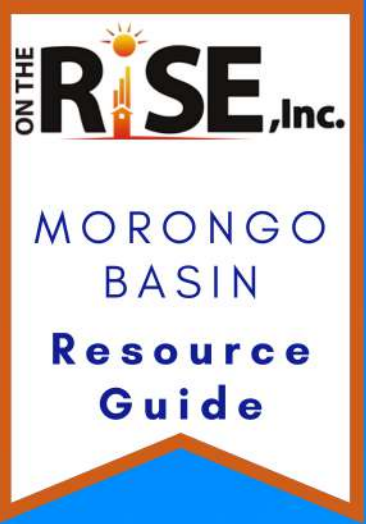
W

T

F

S

MY REWARD IS



On behalf of the entire On the Rise staff, we thank you for the continued love you provide to the children in your home. We hope these resources will be beneficial to all of our Resource Parents. If you were unable to locate a resource you were searching for, please reach out to your assigned Agency Social Worker or call us today at 760-818-4522!

